



National CHD Symposium

Inspire, Inform, Ignite!

Join us for our **National Congenital Heart Defect Symposium**,
Saturday, June 21, 2014, 10:00 a.m. to 5:00 p.m.

The Children's Heart Foundation, Mended *Little* Hearts and the Pediatric Congenital Heart Association have joined together to host a national Congenital Heart Defect Symposium for parents, caregivers and families affected by congenital heart defects.

This Symposium will include updates from renowned speakers in congenital heart defect (CHD) treatment and will educate parents and caregivers about issues that affect children living with CHDs, including clinical updates, neurodevelopmental issues, exercise, and transitioning to adult CHD care. Participants will also get inspired by others and find out what they can do to be a powerful voice for their child and become champions for change.

Inspire!

Who are The Children's Heart Foundation, Mended *Little* Hearts & The Pediatric Congenital Heart Association?

The Children's Heart Foundation is the country's leading organization solely committed to CHD research funding, and has funded over \$6.1 million of vital, life-saving research since its inception. Mended *Little* Hearts is the nation's largest peer-to-peer support network helping to empower families affected by congenital heart disease. The Pediatric Congenital Heart Association works nationally to conquer CHD through collaboration, education, advocacy and research.

Inform!

What Makes Us Unique?

For the first time, three national CHD organizations have come together in a collaborative effort to provide education and to empower parents and caregivers of children affected by congenital heart disease to make more informed choices in their child's care and to advocate for their child. Speakers for educational sessions will provide current and relevant information about congenital heart disease treatment and care. Hands-on sessions will educate participants about medical devices used in CHD treatment, stress management techniques, and advocacy techniques so participants can be powerful voices for their children. Fellow parents and adults living with CHD will inspire participants to make a difference in their communities and around the nation.

Three national congenital heart defect organizations are coming together to empower families—you won't want to miss this.

**Where:
The Westin
Indianapolis
50 South Capitol Ave
Indianapolis, IN
46204
1-800-228-3000**

**Parking available at hotel
\$28 per day**

**Cost: \$35 per person
(lunch included)**

**Register at:
www.mendedlittlehearts.org
Or call
1-888-HEART99**

**For questions contact:
Jodi Lemacks
804-419-7028
[Jodi.Lemacks@](mailto:Jodi.Lemacks@MendedLittleHearts.org)
MendedLittleHearts.org**

This National CHD Symposium is a **great opportunity for you to:**

- ♦ Interact with other parents, caregivers, medical professionals and patients face-to-face
- ♦ Learn about updates and innovations in CHD treatment and care
- ♦ Get inspired to make a difference in your community
- ♦ Learn and practice ways to reduce stress in your life
- ♦ Become a champion for change

CHD Symposium Agenda

Inspire!

Get Inspired: Using Your Experience to Make a Difference

- Stacey Lihn, Sisters By Heart
- Valerie Azylinn, Actor & Mended *Little* Hearts Spokesperson

Ignite!

Treatment Advances & Innovations for Congenital Heart Defects

- Dr. John Brown, Riley Children's Hospital
- Dr. Alistair Phillips, Cedars Sinai

Lunch –Getting to the Heart of Stress

- Mary Beth Davis, Holistic Health Resources

Other Advances for CHD

- Neurodevelopmental Issues in Children with CHD, Dr. Bradley Marino, Cincinnati Children's Hospital
- Exercise and Your CHD Child, Dr. Nicolas Madsen, Cincinnati Children's Hospital

Breakouts Sessions (*Participants will attend all three breakouts.*)

- Advocacy Techniques Demonstration & Practice
- Products Our CHD Kids Use—Show & Tell
- Stress Management Techniques Demonstration, Darcie Miller

Ignite

Champions for Change—Moving Into the Future

- Empowering Your Child to Transition to Adult CHD Care, Dr. Aaron Kay, Riley Children's Hospital
- What You Can Do, Amy Basken, Pediatric Congenital Heart Association

